

# NEW SPORTS FOR WOMEN & GIRLS

The Sports Development Team are planning an exciting new range of sports activities and projects for women and girls in Enfield and would like to hear from you if you would like to get involved as a coach or a player.

## **Back to Netball**

The Back to Netball project is perfect for you if you played Netball at school or a Club at any level and would like to return to playing again. We aim to set up Netball sessions in various indoor and outdoor locations in Enfield, so as an alternative to the Gym women and girls can use Netball as a team sport to get fit and active.

## **Recreational Netball League**

Once we have recruited a good number of women/girls from the Back to Netball project, local schools and colleges, we aim to set up a recreational Netball League for all ages and abilities.

## **Racket Sports**

Badminton, Racket Ball, Squash, Table Tennis and Tennis – a variety of sports and sessions for all ages and abilities will be available at various times and venues in Enfield: Sports Clubs, Colleges, Leisure Centres and Parks throughout the week.

## **Training and Volunteering**

There will be opportunities for aspiring sports coaches/volunteers to gain recognised National Governing Body qualifications in Netball, Badminton, Squash, Football and many other sports as a coach, referee or umpire via the Sports Development Team's forthcoming Coach Education Programme. Funding will be available for training. Volunteers can help to set up and organise sessions, games, and / or even coach.

For more details or to register your details as a player, coach or volunteer contact: Usha Sisodiya – Senior Sports Development Officer: 020 8379 3774/3762.  
E-mail: [usha.sisodiya@enfield.gov.uk](mailto:usha.sisodiya@enfield.gov.uk). Or complete and return the slip below:



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail: \_\_\_\_\_ Age: \_\_\_\_\_

Post to: Sports Development Team, London Borough of Enfield,  
P.O. Box 58, Civic Centre, Silver Street, Enfield, Middlesex, EN1 3XJ



INVESTOR IN PEOPLE